

TRAINING AND GROWTH FOR FAMILIES AND EDUCATIONAL CENTERS

“Teaching to grow”

The 4 pillars of a respectful
and
constructive education

System applied in Universities and Educational Centers such as:



BOLIVIA



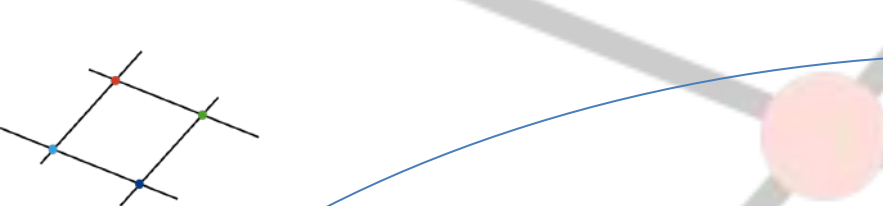
COLOMBIA



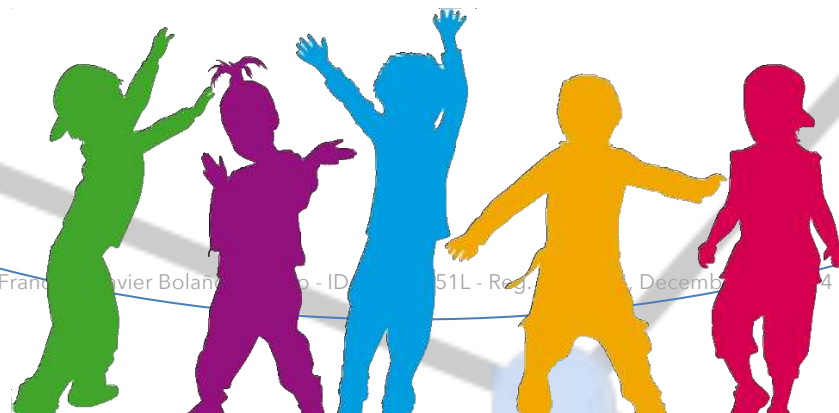
SPAIN

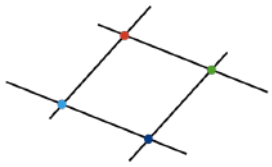
Javier
Bolaños

EDUCATIONAL COACH
ELEMENTARY SCHOOL TEACHER
FAMILY MEDIATOR



The purpose of this program is development, to provide parents, mothers and teachers, children and adolescents, with the tools they need to carry out an educational process where safety is paramount in their daily practice, manage disobedience and angry outbursts in a positive way, communicate effectively, manage their own emotions and those of children or student. All this improves their self-esteem and all this coexistence in the educational center and family life.





ADVANCED TOOLS FOR EDUCATION (THE 4 PILLARS)

ASSERTIVE AND NON-VIOLENT COMMUNICATION

Learn to speak with the heart, not with the emotions.

Conflict resolution in class and at home.

Connect with your needs and understand those of the others.

Effective communication for life

COACHING FOR DISCOVERY

Discover the values and potential abilities of children. Transform limiting beliefs.

Improve your innate qualities and skills. (empowering beliefs and emotions)

Powerful questions for powerful answers.

How to speak so that they can listen to us and listen so we can talk to each other.

Building a high self-esteem and a resilient personality.





MANAGING BEHAVIOURS - FROM THE MODIFICATION OF THE CONDUCT TO MONTESORI PHILOSOPHY –

Re-education about inappropriate behaviours.

Negative attitudes (temper tantrums, responses...).

Responsibility in their tasks.

Set standards and limits with clarity and respect (mobile, console, tv, ...).

Reinforce the emotion, not the act.
Increased intrinsic motivation.

EMOTIONAL MANAGEMENT

Increased emotional intelligence in children.

Understanding the reality of emotions, feelings...

Social skills development. (Prevention of bullying, grooming, sexting)

Emotional development and management
(the emotional bridges).

Movement and stillness; two sides of the same coin.



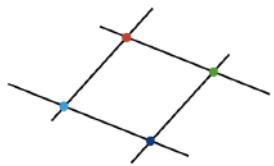
APPLIED IN A SYSTEMATIC MANNER BY ...



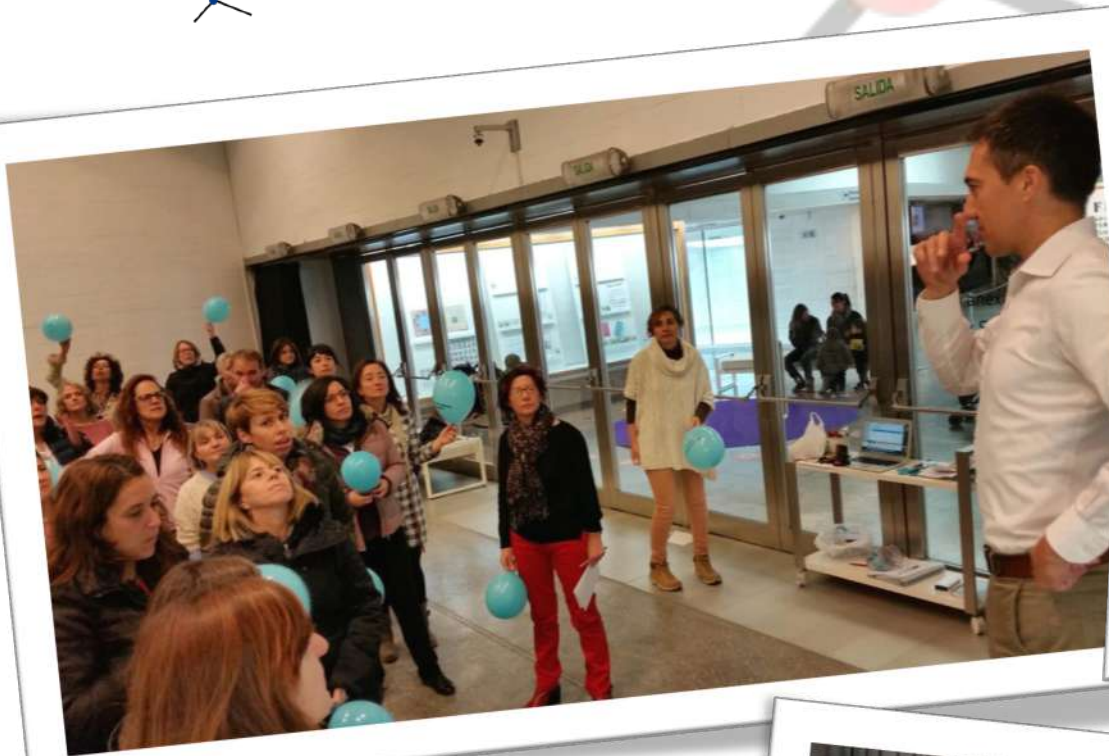
CONFERENCES

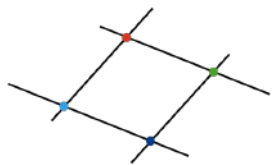
Author: Francisco Jav





TEACHER TRAINING

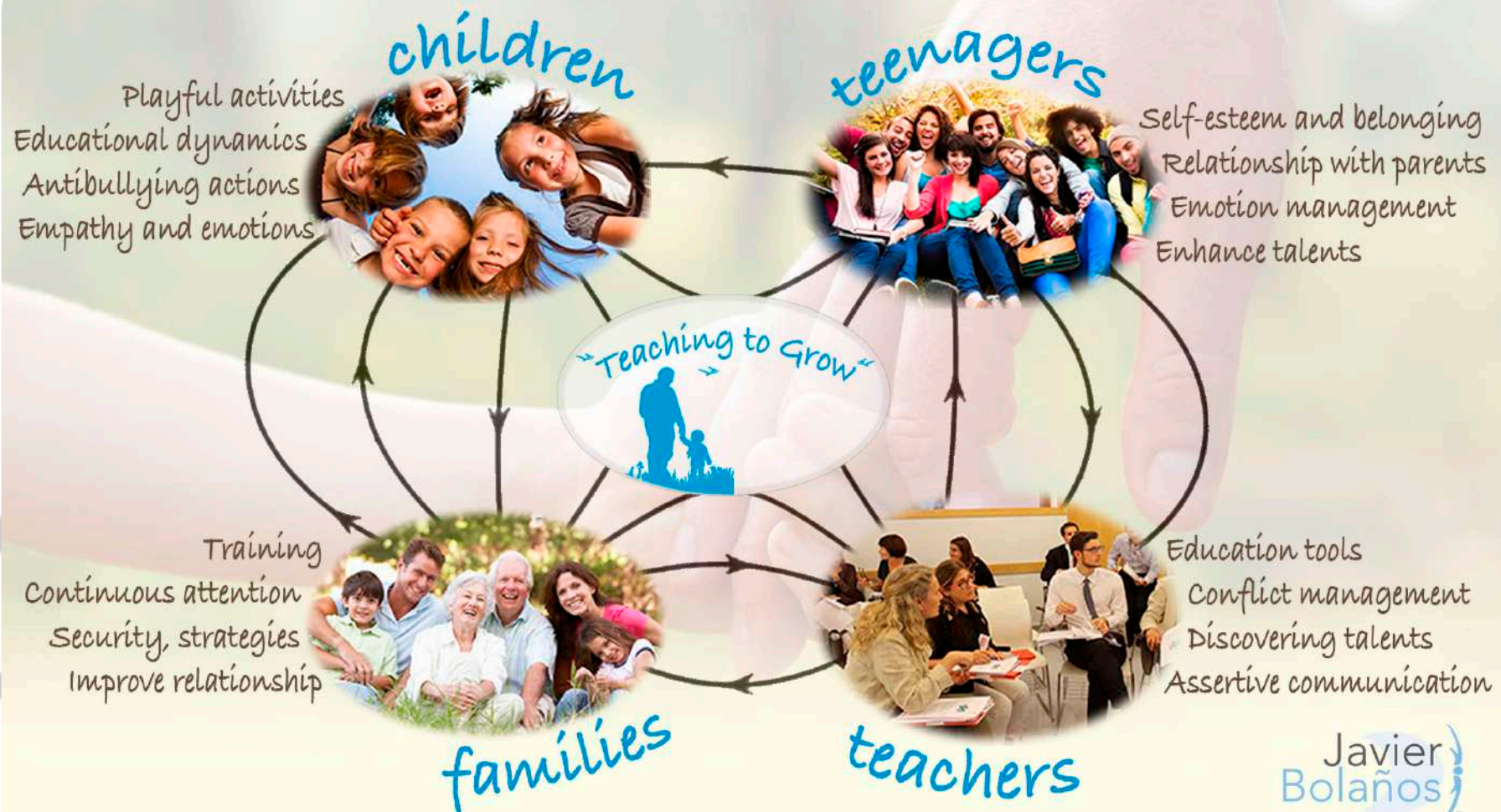




TRAINING FOR PARENTS AND CHILDREN



November 10, 2014



Javier Bolaños
 EDUCATIONAL COACH
 ELEMENTARY SCHOOL TEACHER
 FAMILY MEDIATOR



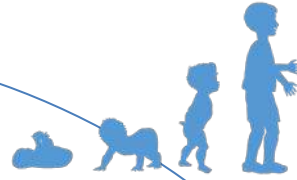
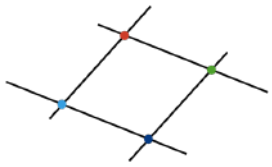
BENEFITS OF THIS PROGRAM

TEACHERS / PARENTS

- ✓ Acquiring strategies to resolve conflicts and improve behaviours.
- ✓ Increased control of conflict situations.
- ✓ Confidence in the educational process.
- ✓ Tranquility and confidence in offering responsibility to the child.
- ✓ How to define standards and limits.
- ✓ Assertive communication with children.

STUDENTS / CHILDREN

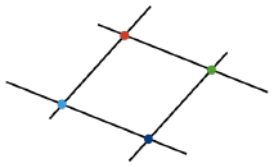
- ✓ Greater autonomy in their tasks
- ✓ Respect rules and limits.
- ✓ Better management of emotions.
- ✓ Conflict resolution ability.
- ✓ More responsibility.
- ✓ High "success rate".
- ✓ Use of emotional bridges.
- ✓ Improved self-esteem.
- ✓ Improvement of their academic results.



TEACHERS AND FAMILIES WILL GET...

- ✓ They will know how to communicate, understand each other.
- ✓ There will be a closer relationship within the family and students / teachers.
- ✓ Discussions will become conversations leading to consensus.
- ✓ It will be easier for everyone to share their emotions, feelings and moods.
- ✓ Children will learn to detect and understand the emotional states and situations of others (better emotional intelligence, empathy).

- ✓ Students, teachers, and parents will be able to manage and reduce tantrums as they occur.
- ✓ Children will have greater autonomy to: perform their tasks, plan, organise and with others ...
- ✓ Everyone will enjoy more peaceful, relaxed and happy moments.
- ✓ They will feel more confident and confident in the educational process of their children / students.
- ✓ Child's better understanding and empathy.



TEACHER AND FAMILY COACH

FRANCISCO JAVIER BOLAÑOS ALONSO

International Coach specialised in pedagogical development, PNL and Emotional intelligence, family mediator (registered at the Ministry of Justice in Spain), elementary school teacher. Founder of the association AIRE (Association for Inclusion and Emotional Reinforcement) and Emotional Contact, method of exploration and emotions resolution. Trained in Mind Moves. He has got an experience of 25 years working with children and adolescents. He began to train children and adolescents to practice Taekwondo. Trainer in human resources and consultant in the public and private sectors.



Trainer of parents and teachers, lecturer and creator of the project "Teaching to grow", with which children and families achieve optimal development of their abilities, their self-esteem, their communication skills and their emotional growth.

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